



# 9<sup>th</sup> White Oak Children's Triathlon

## South East Children's Championship

Sunday 24<sup>th</sup> August 2008

This year our race will once again include a Triathlon for Children with a disability.

The swim will take place in the 25metre pool with the bike and run on grass within the grounds of the North West Kent College, Oakfield Lane, Dartford. This event is sanctioned and run under the British Triathlon Association rules for Children's Triathlon Events.

There will be prizes for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in each age group.

### AGE, CATEGORIES & DISTANCES

		SWIM	BIKE	RUN
Tristar Start	(8yrs)	50m	1km	400m
Tristar	(9 - 10)	100m	2km	800m
Tristar	(11- 12)	200m	4km	1600m
Tristar	(13- 14)	300m	6km	2400m
Youth	(15-16)	400m	6km	2400m

Open race for children with a disability. Please tick here

Forename: \_\_\_\_\_ Surname: \_\_\_\_\_

Girl / Boy \_\_\_\_\_ Date of birth \_\_\_\_\_

Swim Time: \_\_\_\_\_ for: 50m, 100m, 200m or 300m. (Please ring distance)

Address: \_\_\_\_\_

Post code: \_\_\_\_\_

Tel No \_\_\_\_\_ email \_\_\_\_\_

Club Name \_\_\_\_\_ BTA No \_\_\_\_\_

- Tick one box.  I wish to receive race details and results by post and have enclosed two 10"x 6" stamped addressed envelopes.
- I will get the race details and results from www.whiteoaktri.co.uk.

I enclose a cheque/PO for £9.00 made payable to White Oak Triathlon Squad.

I accept that the organisation can in no way be held responsible for any injury or loss however caused, and that my child taking part in the event, is fully aware of the risks involved and the degree of fitness required. I am aware that my child's cycle must be in roadworthy condition and checked immediately prior to the event and that wearing of an approved cycle helmet is mandatory. I also agree to the personal information entered on the entry form being stored on a computer and used for the processing and publication of the race results. I agree to abide by the rules of the British Triathlon Association.

Signed \_\_\_\_\_ Parent / Guardian Date: \_\_\_\_\_

Return to: WOTS 67 Norfield Road, Dartford, Kent, DA2 7NY.

Closing date Friday 8<sup>th</sup> August or when the race is full

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